

Menu



STARTERS

Cheese Ravioli \$8

Lightly fried ravioli filled with cheese with homemade marinara sauce

Calamari \$10

Tender calamari lightly breaded and fried with marinara sauce and spicy ranch

SANDWICHES

Served with handmade kettle chips

Brookwood Cheeseburger \$15

Seasoned beef patty, cheddar or bleu cheese, crispy fried onions, leaf lettuce, tomato, and pickles on a Sheila Partin sweet sourdough bun

Brookwood's Chicken Salad \$14

Poached chicken breast mixed with mayo, celery, greens, celery salt, with choice of a buttery croissant, house-made white or wheat bread

Smoked Turkey Avocado Club \$16

Smoked turkey, bacon, herb cream cheese, lemon aioli, avocado, and tender greens on toasted Sheila Partin jalapeno cheddar bread

Texas Gold Sandwich \$15

Herb grilled chicken and melted brie with house-made candied jalapenos on toasted ciabatta

Substitute a SIDE \$4

CHOOSE A SIDE: a Brookwood Mesibov side salad, a dinner side salad, a cup of soup, or from our list below

Be sure to enjoy our complimentary warm sweet yeast rolls with Brookwood's famous citrus butter

CLASSICS

Lemon Chicken \$16

Lightly breaded chicken breast, lemon butter sauce, sautéed vegetables, roasted garlic mashed potatoes

Grilled Salmon \$22 **GF**

Delicious grilled salmon with roasted asparagus sautéed with basil tomatoes, roasted tarragon potatoes

Crisp Eggplant \$15

Crisp eggplant served with spinach and ricotta cannelloni, marinara, pesto, spiced tomato jam

NEW Fish & Chips \$18

Two pieces of fried codfish with homemade garlic fries

Chicken Crepes \$18

Chicken and mushroom crepes, toasted almonds, creamy Mornay sauce, broccoli, roasted asparagus, sautéed sweet peppers

Shrimp 'n Grits \$18 **GF**

Sautéed gulf shrimp, grilled andouille sausage, jalapeno cheddar grits, sautéed grape tomatoes, basil butter sauce

Crab Cakes \$24

Crab cakes with chipotle sauce, roasted asparagus, and roasted potatoes with hollandaise sauce

NEW Filet Mignon \$28

Filet mignon with demi-glace sauce, garlic mashed potatoes, grilled asparagus

Simple Grilled Chicken \$14 **GF**

Herb grilled chicken breast with rice pilaf, sautéed green beans sprinkled with Texas goat cheese

Shrimp Scampi \$22

Shrimp sautéed in a garlic sauce, tossed with asparagus, red bell peppers, spinach

NEW Spaghetti & Meatballs \$15

Spaghetti & meatballs with your choice of marinara or meat sauce

SOUP & SALADS

Brookwood's Signature Mesibov Salad \$14 **GF**

A tender mix of field greens topped with Red Delicious apples, crumbled bleu cheese, and homemade candied pecans - *Brookwood's Mesibov Dressing*

Strawberry Fields Salad \$14 **GF**

A tender mix of field greens topped with fresh strawberries, red onion, and crumbled feta cheese - *Brookwood's Honey Lime Dressing*

Add CHICKEN Grilled or Crusted \$4

Add SHRIMP Herb grilled \$6

Soup of the Day \$5

Ask your server about Chef's Selection

Side Salad \$7

Brookwood's Mesibov side salad or Dinner • Wedge • Caesar

Soup & Salad \$10

Soup of the day and side salad

Lunch Trio \$12

Soup of the day, side salad, and a scoop of chicken salad

Dressings: Brookwood's Mesibov Dressing • Brookwood's Balsamic Vinaigrette • Brookwood's Honey Lime Dressing • Brookwood's Roasted Garlic Dressing Caesar • Bleu Cheese • Honey Mustard Ranch • Cilantro Ranch

KID'S MENU

Chicken Alfredo \$7

Fettuccine with or without herb grilled chicken and creamy Alfredo sauce

Chicken Strips \$6

Two crispy chicken strips with french fries

Grilled Cheese Sandwich \$6

House-made white bread, toasted with American cheese with french fries

SIDE ORDERS

Garlic French Fries \$4

Sautéed Spinach

French Green Beans

Seasonal Vegetables

Sweet Potato Fries

Steamed Broccoli

Roasted Asparagus

Roasted Garlic Mashed Potatoes

Veggie Plate - choose three \$12

BEVERAGES

Iced Tea & Hot Tea \$3.50

Regular • Tropical

Brookwood's Apple Mint Tea \$4

Made with fresh mint, lime juice, sugar. Garnished with mint and red delicious apple

Coffee - Regular • Decaf \$3

Fountain Drinks \$3

Variety of Beer - Glass \$6

Variety of Wine - Glass \$8

DESSERTS \$9

THE
BROOKWOOD
COMMUNITY

Changing the way the world thinks
about adults with disabilities