

BROOKWOOD Catering

TRAYS

Domestic Cheese Tray

Cheddar, Swiss, Pepper Jack

Fruit Tray

Seasonal cut fruit

Vegetable Tray

Carrots, celery, grape tomatoes, broccoli, cauliflower, bell peppers, cucumbers, yellow squash, and zucchini, with seasonal dip

Finger Sandwiches

Two per person

Cucumber dill, classic chicken salad, ham and cheddar, turkey and Swiss

ENTRÉE SALADS

Includes warm rolls with Brookwood's famous citrus butter

Brookwood's Signature Mesibov Salad

A tender mix of field greens topped with crispy cornflake crusted chicken or gluten free herb-grilled chicken, crumbled bleu cheese, sugar-roasted pecans, and red delicious apples

Brookwood's Mesibov Dressing

Garden Salad

Crisp romaine and baby spring mix tossed with cucumber, grape tomatoes, and red onion

Served with your choice of dressing

Strawberry Fields Salad

A tender mix of field greens topped with crispy cornflake crusted chicken or gluten free herb-grilled chicken, crumbled feta cheese, sugar-roasted pecans, red onion, and fresh strawberries

Brookwood's Honey Lime Dressing

Greek Salad

Crisp romaine, topped with gluten-free herb-grilled chicken, crumbled feta cheese, marinated roasted artichokes, olives, heirloom tomatoes, and cucumber

Brookwood's Roasted Garlic Dressing

HORS D'OEUVRES

Sun-Dried Tomato & Texas Goat Cheese Tart

In crisp phyllo with pesto

Mediterranean Bruschetta

Diced tomato, green onion, Greek olives, extra virgin olive oil, fresh garlic, and basil on crostini or in crisp phyllo

Corn & Potato Pancake

Sweet corn, Yukon gold potatoes, toasted bread crumbs, garnished with sour cream and chives

Asian Chicken Tenders

Sesame crusted chicken breast, chili garlic sauce, and cilantro

Chicken Diablo Skewers

Chicken breast stuffed with fresh jalapeno, wrapped in bacon, with sweet pepper garlic glaze, and cilantro

Chilled Herb-grilled Shrimp

Gulf Shrimp marinated in basil, parsley, chives, and dill, grilled then chilled, served with spicy tomato horseradish sauce

ENTRÉES

Includes warm rolls with Brookwood's famous citrus butter

Mango Chicken

Grilled chicken breast topped with mango salsa, marinated black beans, sweet corn, roasted tri-colored potatoes

Gluten free and dairy free

Lemon Chicken

Lightly breaded chicken breast, lemon butter sauce, sautéed vegetables, with roasted garlic mashed potatoes

Chicken Crepes

Chicken and mushroom crepes, toasted almonds, creamy Mornay sauce, broccoli, roasted asparagus, and sautéed sweet peppers

Chicken Kabobs

Lightly seasoned and grilled chicken breast, pineapple pico, and sweet chili garlic sauce, with broccoli and rice pilaf

Beef Kabobs

Lightly seasoned and grilled tenderloin, sweet peppers, and button mushrooms, with broccoli and rice pilaf

Please contact our catering team for more information on pricing and creating a custom menu.

Changing the way the world thinks about adults with disabilities

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