

BROOKWOOD

Cafe Daily Menu

SALADS

Brookwood's Signature Mesibov Salad \$14
A tender mix of field greens topped with crispy cornflake crusted chicken or gluten free herb-grilled chicken, crumbled bleu cheese, sugar-roasted pecans, red delicious apples
Brookwood's Mesibov Dressing

Greek Salad \$14
Crisp romaine, topped with gluten free herb-grilled chicken, crumbled feta cheese, marinated roasted artichokes, olives, heirloom tomatoes, cucumber
Brookwood's Roasted Garlic Dressing

Strawberry Fields Salad \$14
A tender mix of field greens topped with crispy corn-flake crusted chicken or gluten free herb-grilled chicken, crumbled feta cheese, sugar-roasted pecans, red onion, fresh strawberries
Brookwood's Honey Lime Dressing

Crunchy Asian Noodle Salad \$14
Gluten free herb-grilled chicken, rice noodles, snap peas, sweet peppers, carrots, and Chinese cabbage served in a crispy lentil cracker bowl
Ginger Sesame Dressing
Add grilled shrimp \$2

SOUP & SALAD

Bowl \$8 • **Cup** \$5

Signature Soup: Tomato Basil
Soup of the Day: Chef's Selection

Soup & Salad \$12
Bowl of soup, choice of side salad or fresh seasonal fruit

Side Salads \$7 • **With Entrée** \$5
Brookwood's Mesibov Salad (side serving)
Dinner • Wedge • Caesar

SANDWICHES

Brookwood's Classic Chicken Salad \$14
Poached chicken breast mixed with mayo, celery, greens, celery salt, with choice of a buttery croissant, house-made white or wheat bread
Served with fresh fruit

Brookwood Burger \$14
Seasoned beef patty, cheddar or bleu cheese, crispy fried onions, leaf lettuce, tomato, and pickles on a Sheila Partin sweet sourdough bun
Served with hand-cut garlic French fries

Baked Spinach Feta Torta \$14
Baby spinach and creamy feta folded into a baked buttery golden brown pastry
Served with side Greek salad

Smoked Turkey Avocado Club \$15
Smoked turkey, bacon, herb cream cheese, lemon aioli, avocado, and tender greens on toasted Sheila Partin jalapeno cheddar bread
Served with roasted tri-colored potatoes

Sandwich Combo \$12
Half chicken salad sandwich, with choice of croissant, house-made white or wheat bread
Served with Brookwood's Mesibov or Dinner side salad, choice of cup of soup, or fresh fruit

Dressings

Brookwood's Mesibov Dressing
Brookwood's Balsamic Vinaigrette
Brookwood's Honey Lime Dressing
Brookwood's Roasted Garlic Dressing
Caesar • Bleu Cheese • Honey Mustard
Ranch • Cilantro Ranch

To learn more about the story of the Mesibov salad, check out our Founder Yvonne Streit's book available at the retail store or online.

Changing the way the world thinks about adults with disabilities

1502 FM 1489, Brookshire, TX 77423 • Reservations 281.375.2400 • brookwoodcommunity.org

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MAIN ENTRÉES

- Lemon Chicken** \$14
Lightly breaded chicken breast, lemon butter sauce, sautéed vegetables, roasted garlic mashed potatoes
- Shrimp & Grits** \$16
Sautéed gulf shrimp, grilled andouille sausage, jalapeno cheddar grits, sautéed grape tomatoes, basil butter sauce
Gluten free
- Mango Chicken** \$14
Grilled chicken breast topped with mango salsa, marinated black beans, sweet corn, roasted tri-colored potatoes
Gluten free and dairy free
- Chicken Crepes** \$14
Chicken and mushroom crepes, toasted almonds, creamy Mornay sauce, broccoli, roasted asparagus, sautéed sweet peppers
- Crisp Eggplant** \$15
Crisp eggplant served with spinach and ricotta cannelloni, marinara, pesto, spiced tomato jam
- Chicken & Cheese Enchiladas** \$14
Pulled seasoned chicken, cheddar cheese, chipotle sauce, red rice, marinated black beans, fresh avocado salad

DESSERTS

- Ask about our seasonal desserts** \$7

Be sure to enjoy our complimentary homemade warm rolls with Brookwood's famous citrus butter

KID'S MENU

- Chicken Alfredo** \$7
Fettuccine with or without herb-grilled chicken and creamy Alfredo sauce
- Chicken Strips** \$6
Two crispy chicken strips
Choice of plain fries or fresh fruit
- Grilled Cheese Sandwich** \$6
House-made white bread, toasted with American cheese
Choice of plain fries or fresh fruit

SIDE ORDERS

- Garlic French Fries \$4
- Roasted Tri-Colored Potatoes \$4
- Roasted Garlic Mashed Potatoes \$4
- Sautéed Spinach \$4
- French Green Beans \$4
- Seasonal Vegetables \$4
- Sweet Potato Fries \$4
- Steamed Broccoli \$4
- Roasted Asparagus \$6
- Jalapeno Cheese Grits \$6

BEVERAGES

- Iced Tea & Hot Tea** \$3
Regular • Tropical
Brookwood's Signature Apple Mint
*Made with fresh mint, lime juice, sugar
Garnished with mint and red delicious apple*
Selection of hot teas
- Coffee** \$3
Regular • Decaf
- Fountain Drinks** \$3
- Variety of Beer**
Glass \$6 • 6-pack available to-go
- Variety of Wine**
Glass \$8 • Bottle available to-go

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